

CDSC PASS MEET 2017

Date: Sunday, Dec 17th, 2017

Location: Vancouver Aquatic Center
1050 Beach Ave, Vancouver

Who: LMR disqualifiers (200IM in more than 4min.)

Warm-up: 6:00am-6:40am

Start: 6:45am

Finish: 10:00am

Pool: 25 m x 8 lanes

Events: 200 IM (-5min), 100 IM
50m Free
50m Back

* Access to pool will be from side door by the parking lot.

* No shoes on pool deck of VAC

* Maxim 3 events for each swimmer

* Please let your coach know if you go no later than Dec 10th,